



# Herpes Viruses Association

Registered charity 291657

20/05/2025

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## List of products with anaesthetic in them to soothe or numb the skin

There is a little evidence that using lidocaine when the first tingles are felt can prevent the full-blown symptoms or shorten the subsequent episode [Cassuto J., *Lancet*, Jan 14, 1989. 8629;100-101]. Using these products is your own responsibility - see below

### NOTE:

The pharmacist may ask you what you want it for. One of the recognised uses on the paper in the Lidocaine 5% box is "shingles pain." If you are asked "What do you want this for?" you may prefer to answer "shingles"

You are also allowed to answer: "I would rather not tell you," or "It's for my aunt, she didn't say" this last one is particularly useful for the Xylocaine spray.

MA Specific Product Name	Licence Holder Company Name	Active Description	Active quantity	Active units
<b>Products listed in ascending strength (approximate)</b>				
<b>ANBESOL ADULT STRENGTH GEL 2.00%</b> (sold for mouths ulcers, but a product you can put in your mouth will be OK for genitals)	SSL International Ltd	Lidocaine hydrochloride Ph Eur and Chlorocresol Ph Eur and Cetylpyridinium Chloride Ph Eur	2.0 0.1 0.02	% w/w
<b>LANACANE CREAM</b>	Reckitt Benckiser Healthcare (UK) Ltd	Benzocaine	2	% w/w
<b>VAGISIL medicated creme</b>	Combe International Ltd	Lidocaine	2	% w/w
<b>LMX</b>	Ferndale Pharmaceuticals Ltd	Lidocaine 4% gel	2.14	% w/w
<b>LIDOCAINE 5% OINTMENT</b> <b>You can get this from us for £25 (inc. postage; phone 020 7607 9661)</b>	various	Lidocaine	5	% w/w
<b>EMLA</b>	Aspen	Lidocaine 2.5% and Prilocaine 2.5%	5	% w/w
<b>XYLOCAINE 4% topical solution 40mg/ml</b>	AstraZeneca UK Ltd	Lidocaine	4.6	% w/w
<b>STUD 100 or other desensitizing spray</b> (sold "to prevent premature ejaculation"!)	AstraZeneca UK Ltd	Lidocaine	9.6	% w/w
<b>XYLOCAINE 10% SPRAY 10 mg/dose</b> <b>You can get this from us for £20 (inc. postage; phone 020 7607 9661)</b>	AstraZeneca UK Ltd	Lidocaine	10	ml

**This information is supplied as a suggestion only. You should consult a physician before undertaking any form of medical treatment.**

**We do not take any responsibility for the use to which you may put this information.**