



Herpes Viruses Association

Registered charity 291657

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These are products we have tested on our members and found to be at least 66% effective.*

Lomaherpan and LomaProtect

Active ingredient is melissa officinalis: "lemon balm mint" in English. You may find other products in your country which contain this herb. You could also buy the extract or essential oil of melissa officinalis and make your own potion to apply.

Best used to prevent the outbreak when you feel warning feelings. It could sting on open skin.

Elagen

This is a brand name for an extract of Eleutherococcus senticosus. It comes from the eastern part of Russia. Each capsule contains 450 mg of pure standardised Eleutherococcus senticosus. When you are buying a different brand, ensure it is strong enough.

Olive Leaf Extract

Each capsule contains 400 mg standardised Olive Leaf Extract (20% Oleuropein). When you are buying a different brand, ensure it is strong enough.

*** Be aware that no herbal treatment can be 100% effective. Ignore any internet advertisement that promises too much.**