



Herpes Viruses Association

Registered charity 291657

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Assurance Day timetable – on Zoom:

The Assurance Day course is run every three months.
Cost £15 for members, £45 for non-members and includes a year's subscription to *Sphere* magazine.

10.30- 11.15	Managing recurrences, treatment and how common it is, with HVA director Marian Nicholson
11.15- 11.45	Optional Q&A
11.45- 12.45	Knowledge is power: how to explain the herpes stigma, with expert Nigel Scott
12.45- 1.30	Lunch break
1.30– 2.30	How to talk about it, with HVA deputy director Cameron Poole
2.30- 3.00	How to 'get over it': the power of the mind
3.00- 3.30	'Disclosure' dismantled: How partners usually react.
3.45- 4.30	Partner notification role play (optional).
5.00- 5.30	Open session and recap.

Send an email to info@hva.org.uk to book your place.